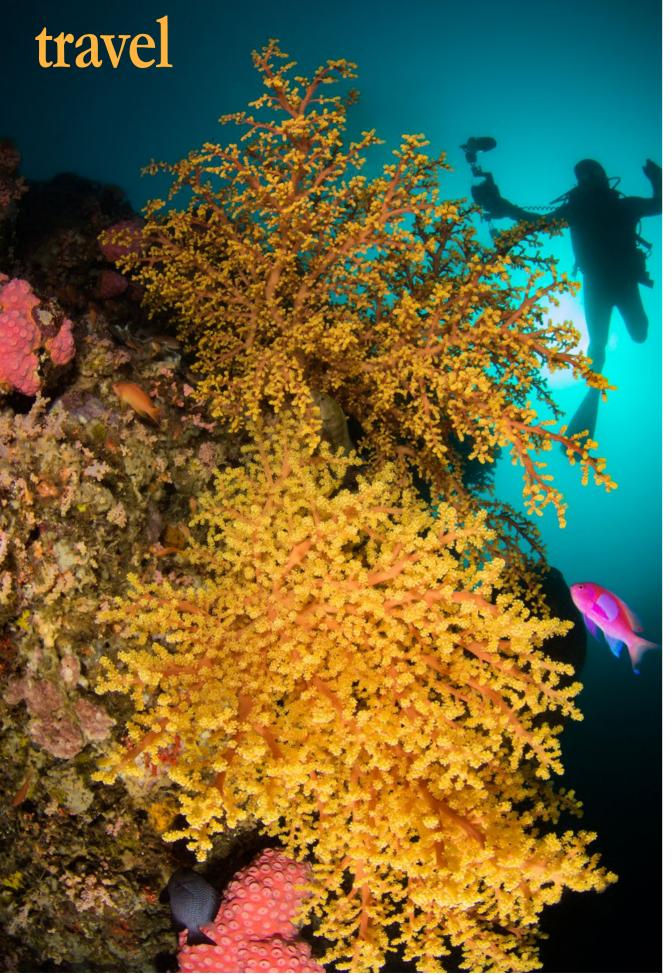
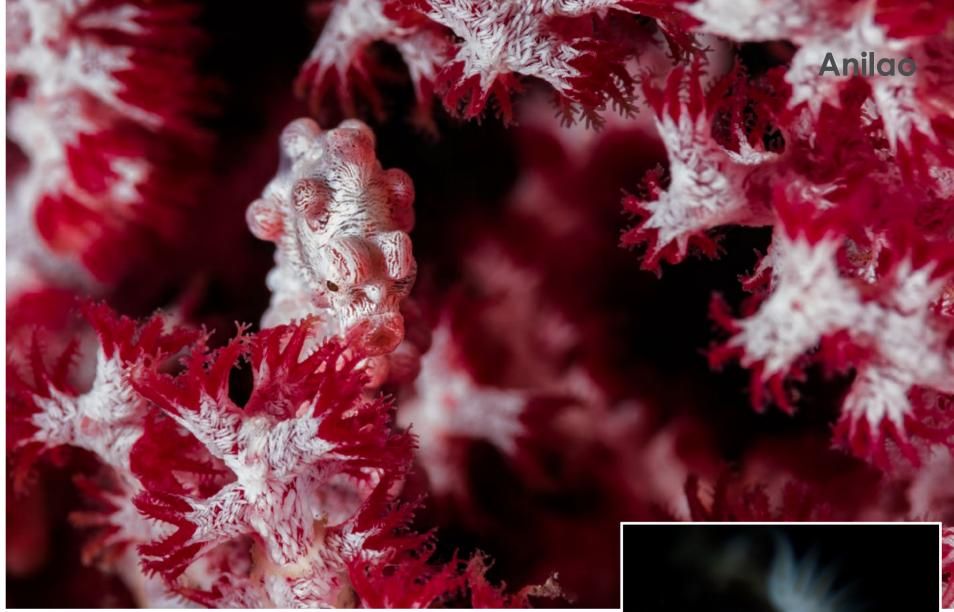


Text and photos by Kate Jonker





Huge yellow soft corals adorn the steep walls at Ligpo Island. PREVIOUS PAGE: A hairy squat lobster rests in the folds of a pink barrel sponge at Koala.



Pygmy seahorse, no more than 5mm long, at Sunview dive site

My dive guide finned quickly down the sandy slope and I kicked hard to keep up with him, my heavy camera and strobes creating quite a drag, slowing me down. By the time I reached the sea fan, in front of which he had stopped, I felt a thrill of excitement. I knew what he had found! Peering through my viewfinder and trying to stay calm, I followed his pointer downwards, and right there, at its tip, was my first ever pygmy seahorse. It was tiny-much smaller than I had expected—but this was Anilao, and I was starting to realise that "smaller is better" in this marine-diverse diving destination.

I had reached a stage in my underwater photography journey in which I wanted to do more than just take photos-I wanted to create works of art! I had chatted to friends who recommended a photo academy in Anilao in the Philippines that would revolutionise the way I thought about underwater

photography. I did my research and was hooked. Within a month, I was on my way, accompanied by my husband and two diving friends who were nonphotographers.

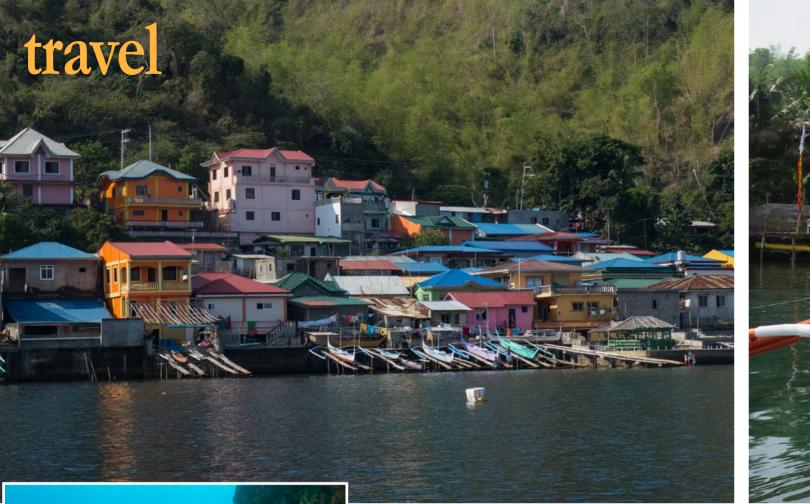
Getting there

After a 23-hour flight from Cape Town,



Tryon's hypselodoris nudibranchs, somewhat larger than many of the other nudibranchs I came across—these were 5cm in length.

FEATURES TRAVEL NEWS WRECKS EQUIPMENT BOOKS SCIENCE & ECOLOGY TECH EDUCATION PROFILES PHOTO & VIDEO PORTFOLIO





Colourful local homes line the water's edge (above); The most common type of dive boat in Anilao is the bangka (above).



we arrived in Manila-capital city of the Philippines—and were soon heading down the highway to Anilao. I was amazed at how busy and conaested the roads were. Everyone seemed to be driving something, whether it be a car, a motor bike, a motorbike-come-taxi or a jeepney, which is the Philippines version of a bus that the Filipinos seem to love decorating-the more flamboyant, the better.

We eventually arrived at our destination. Anilao Photo Academy (or APA, as it is fondly known), is the brainchild of renowned underwater photographer Tim Ho. Run by a team of incredibly talented underwater photographers and dive guides, APA is widely recognised as the place to go to for underwater photography, and caters for photographers of all levels and camera types.

Once unpacked, we set up our cameras and watched as the sun set over the ocean, changing from

orange, to red to purple. We were in paradise!

Divina

Early the following morning, we excitedly boarded our boat for a day of diving. In the Philippines, diving is done from bangkas. These are long, narrow wooden vessels with two support floats made from thick bamboo poles on either side of the main hull. They are usually motored by reconditioned truck engines.

Our gear had already been put safely on board, along with enough cylinders for three dives and our food and drink for the day. To climb on board, you simply walked a few metres across the beach and up a gangplank. For those (like myself) with a poor sense of balance, there is always a helping hand to make sure you climb aboard safely.

Before the trip, I had been concerned about how I was going to protect my camera on the boat.

I need not have worried at all, as our cameras were treated like royal babies. They were carried carefully to the boat by the staff, who then put them on a special rubberised mat in the most stable and shaded part of the boat and then covered with towels for protection.

Once on board, we posed for the obligatory "selfies" before whisking across the mirror flat, indigo water to our first dive spot. We hugged the coastline, passing vibrantly-painted yellow, purple, red and green homes and large resorts, interspersed by steeply sloping, lush, tree-covered hills that reached right down to the waters' edge.

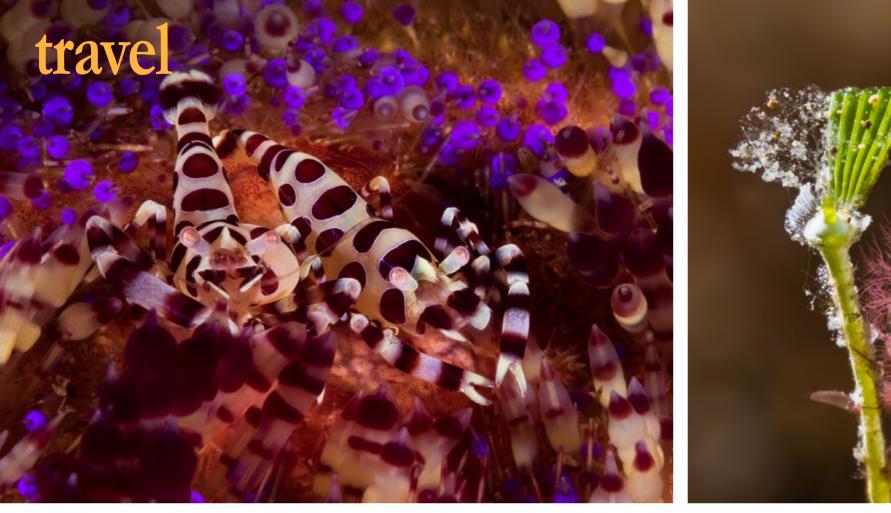
Koala. Our first dive was at Koala. named after an Australian who had had a house on the shoreline nearby. The banaka crew dropped anchor, and we kitted up and rolled backwards into the clear, warm blue ocean. The crew then gently

Colourful reef at Ligpo Island

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passed our cameras down to us. There were just the four of us on the banaka, accompanied by two dive guides: Ivan, who is an accomplished underwater photographer and amazing spotter (and soon became my buddy on the trip); and Doods, who was also an eagle-eyed spotter.

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Coleman shrimps on fire urchin at Basura (top left); Red hairy shrimp, about 2mm in length, at Secret Bay (above)

Most dive sites in Anilao comprise shallow coral gardens with sandy slopes interspersed with coral outcrops, rubble-covered slopes, or gently sloping sandy bottoms. The bangkas anchor shallow and close to the shore and after enterina the water, we would usually swim down to the deepest part of the dive site and then slowly make our way shallower.

I followed Ivan down the reef, and before long, he was beckoning me over

to a small green plant, where he pointed to something so tiny it was not visible to the naked eye. Peering through my camera's viewfinder, I saw a tiny creature that looked like a two-millimetrelong praying mantis and realised it was a skeleton shrimp!

Before long, I began to realise

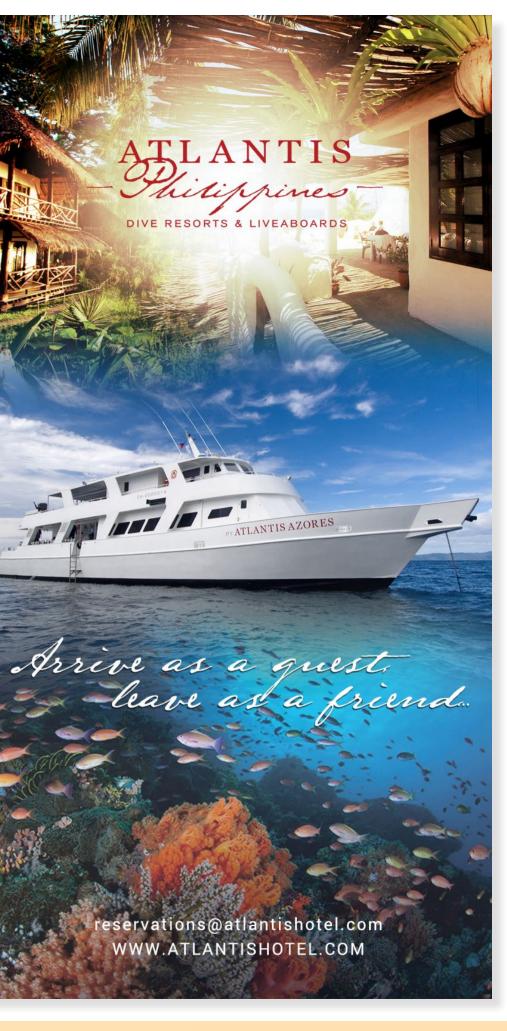
how tiny the critters were. At home were minuscule and I was very in Cape Town, our nudibranchs average 3cm to 5cm. Here, the dive guides were constantly searching for smaller and smaller critters for us to photograph. Most

glad I had purchased a +12.5 magnifying dioptre for my camera before the trip, as this helped to photograph even the tiniest of creatures.



This tiny pink eyed goby was 5mm in length (above); Flabellina nudibranch at Sunview dive site (left)

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The "Marilyn Monroe" nudibranch, Goniobranchus kunei, at Dakeda

After our first dive, we surfaced at the boat, handed cameras and fins up to the crew and climbed up a sturdy wooden ladder back on to the boat. Once on board, we were offered fruit and crackers, water, coffee, tea and ginger tea. We then relaxed in the sun and chatted excitedly about what we had seen.

Dakeda. After staring longingly into the clear blue water at the shallow reef below us, our surface interval was finally over and we moved on to Dakeda. Here, we were met with completely different underwater topography—a rubble slope. There were just dark brown boulders everywhere. No coral, no reef, no sand. No life! Had the recent earthquake covered everything up, I wondered to myself. Just then, Ivan called me over and scribbled some instructions on his underwater note pad, and I quickly reset my camera and turned off my strobes, wondering what was going to happen next.

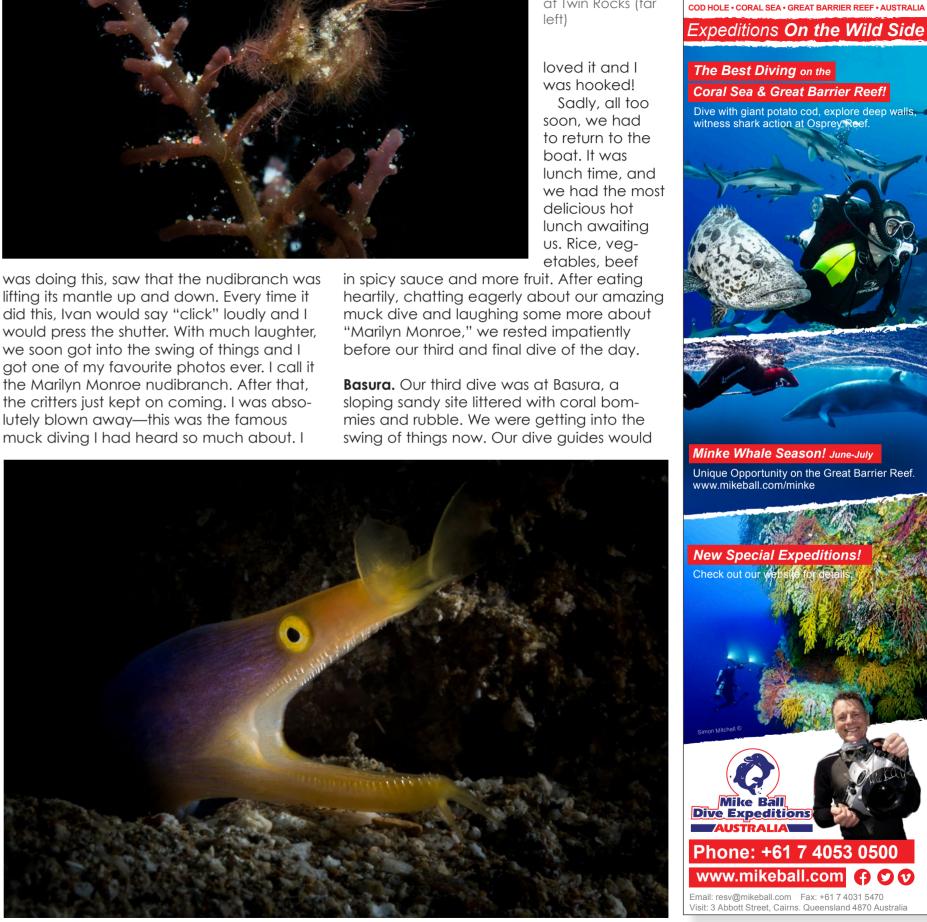
He pulled out a narrow beamed torch and pointed it at one of the most beautiful nudibranchs I had ever seen, its yellows and purples in stark contrast to its dark brown rubble surroundings. I took a photo and as I



lifting its mantle up and down. Every time it did this, Ivan would say "click" loudly and I would press the shutter. With much laughter, we soon act into the swing of things and L act one of my favourite photos ever. I call it the Marilyn Monroe nudibranch. After that, the critters just kept on coming. I was absolutely blown away—this was the famous muck diving I had heard so much about. I

in spicy sauce and more fruit. After eating muck dive and laughing some more about "Marilyn Monroe," we rested impatiently before our third and final dive of the day.

sloping sandy site littered with coral bommies and rubble. We were getting into the swing of things now. Our dive guides would



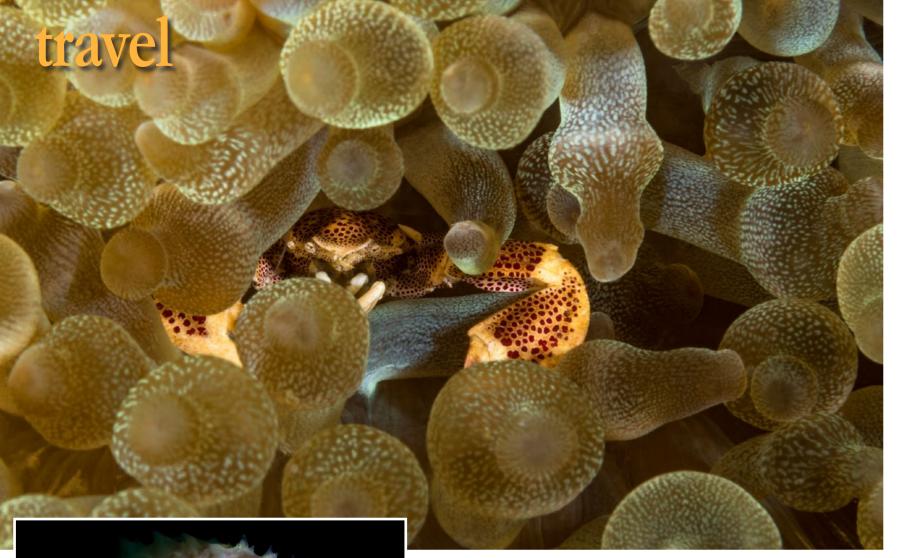
Blue and yellow adult male ribbon eel at Twin Rocks



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Red hairy shrimp, about 3mm in length at Gazer (left); Anemonefish at Twin Rocks (far

Mike Ball Dive





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find critters for us and call us over to photograph or look at them. As we approached, they would show us the direction we should come in at to be lined up to take the best shots. If the critters were really small, they would use a pointer to point down at the subject, making them easy

A porcelain anemone crab hides in a bubble anemone at Coconut (above); Thorny seahorse at Secret Bay (left)

to find. If we struggled to find the tiny critters with our dioptres, they would gently lift our ports until they were pointing directly at the subject. We were never rushed, but encouraged to take photos until we were happy with the results, and only then did they allow us to move on. By the end of the third dive, we were all in sensory

overload, having never before seen so many new and exciting critters in just one day. Even our two nonphotography buddies were having a wonderful time.

Après dive

After our dive, we headed back to

home base where we washed our gear and photographic equipment, showered and prepared our cameras for the following day. By the time our chores were completed, the sun was setting and we chatted about our day over ice cold local beers.

Dinner was a jovial affair, with divers from around the globe chatting about what they had seen and photographed, sharing photo ideas and discussing techniques. We then went through our photos from the day and tried to identify what we had seen in the huge library of identification books.

Daily routine

We soon fell into a routine: Wake early, drink coffee, have breakfast and board the boat at 8:00 a.m. for a day of diving. We would then return,

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This tiny soft coral cowrie at Manit Point is no more than 2mm in length (left); A reasonably large skeleton shrimp, about 3mm in length (above); A whip fan goby and shrimp share a branch at Sunview (right)



Playing with blue and snoot lighting whilst photographing a whipfan goby

rinse gear, prepare cameras for the next day, drink a couple of beers, have dinner, chat photography, try to identify all the amazing critters we had seen during the day and fall into bed.

Over our week-long stay in Anilao, we dived 20 different dive sites, some more than once. The macro life was incredible, and every day we discovered new fish, new shrimps, new nudibranchs and new photography techniques. We even "went wide-angle" one day, and explored Lippo Island, with its huge pink barrel sponges, vibrant yellow soft coral trees and an area carpeted in anemones with their resident clown fish. Simply beautiful!

Helpful tips

I had travelled to Anilao to improve my photography and within the first couple of days, I had learned so much more than I had ever hoped to. Below, I share some tips from the trip.

Tiny critters. The photos you see in magazines, books and social media do not prepare you for the size of these critters. One expects them to be quite large, but in reality, most are really tiny! Take pink-eyed gobies, for example. I had thought they were about 5cm long. The ones I saw and landed up shooting were about 0.5cm long, and boy, did they move around a lot. It was challenging, it was fun and incredibly addictive.

You need to be patient and you need to take your guide's advice and follow his pointer.

Magnifying wet lenses. Do not even consider going to Anilao unless you have a strong magnifying wet lens (often called a dioptre) for your camera. Many of the critters are mere millimetres in length, especially the skeleton shrimp, pygmy seahorses, hairy shrimp and many of the nudibranchs. I used my +12.5 dioptre wet lense most of the time, and the majority of other guests seemed to be using them too.

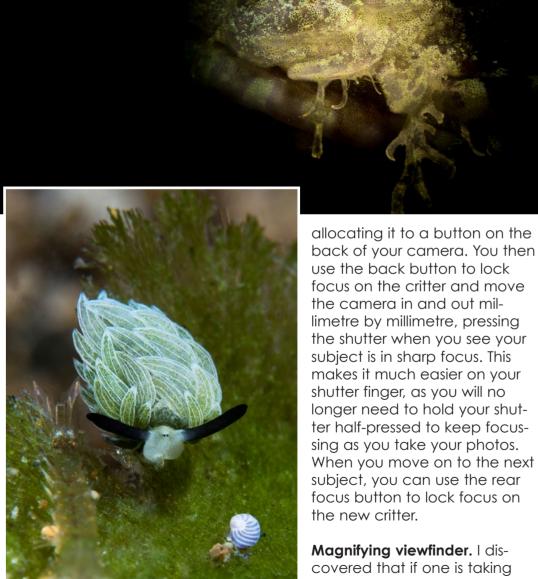
Flip dioptre holder. As some of the critters are too large for a dioptre, I would also advise getting a flip dioptre holder with a

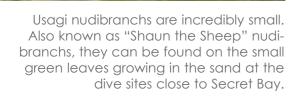
67mm thread. One flap screws on to the front of your port and the other flap attaches to your wet dioptre. You are then able to flip it open when you do not need to use the dioptre, and close it again so that it is in front of your port when you do. This means you do not need to waste time screwing the dioptre on and off the port during a dive, thus reducing the chance of losing it, too.

Back button focus. This is a great feature of DSLR cameras, most mirror-less and some compact cameras. It is particularly useful when using magnifying wet lenses, which result in a very shallow focal plane. It works by removing the focus function from your shutter button and









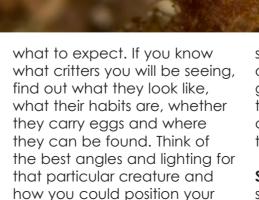
subject is in sharp focus. This makes it much easier on your shutter finger, as you will no longer need to hold your shutter half-pressed to keep focussing as you take your photos. When you move on to the next subject, you can use the rear focus button to lock focus on the new critter. Magnifying viewfinder. | discovered that if one is taking photos of such tiny critters, a magnified viewfinder that can be attached to the back of

your housing really gives you

a better view of what you are

shooting. Both 180- and 45-degree viewfinders are available, and after the trip, I invested in a 45-degree viewfinder. Its magnified view now helps me determine whether my subject is in focus and aids in composition of shots. Looking slightly downwards and getting used to pointing the camera at a different angle did take a bit of getting used to, but in the end, it was areat and a lot easier on my neck, too.

Research beforehand. A piece of advice I would give anyone travelling to a new destination—especially to take photos-do your research, look at photos, watch videos. Know

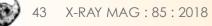


strobes to bring out its textures or main features. A bit of background knowledge paired with the incredible expertise of the dive guides will help you get the most from your trip.

Spotting the critters. If you struggle to see the small stuff







TRAVEL



Anilao

Tiny cuttlefish and juvenile filefish shelter together next to a small boulder at Saimsim (left); Snooted profile of a scorpionfish at Gazer (far left); Bornella nudibranch at Kirby's Rock (center)



Zanzibar whip coral shrimp at Saimsim

travel





This nudibranch (above) is incredibly small. Just to put it into perspective, that is a grain of sand next to it! Two Eurbranchus nudibranchs at Balanoy (top right); Tiny psychedelic batwing slug (right), absolutely minute at about 2mm in size, at Dead Palm; Beautiful and tiny Chromodoris reticulata nudibranch at Bethlehem (far right)

and use reading glasses on land, invest in a mask that has special magnifying lenses that help you see tiny critters underwater. If you already wear contact lenses and need to wear reading glasses as well, investigate bifocal or concentric contact lenses that have both your near and far prescription worked into them. I have recently done this and can now spot the really tiny critters that live on the reef.

Hold steady. Buoyancy is incredibly important when taking macro photos. In Anilao, there was very little surge or current, making it relatively easy. You will either need to hover above your subject or prop yourself up by placing two fingers on your left hand on a bare piece of rock or sand. Whatever you do, it is vital that you first check that there is nothing close by or under the sand

that you could damage, or that could injure you.

Pointers or muck sticks. Although I have a pointer, I have never used it. Many people use them to prop themselves up on the reef or on

the sand whilst using their other hand to operate their camera. They are also used to point out critters to fellow divers or to bang on cylinders for attention. I thought that this trip would be the ideal place to test mine out, but I found that it just got in the way and never used it again after the first day. Many people use them with success.

Afterthoughts

After our trip, I returned home feeling inspired and rejuvenated, with so many new ideas to try out. The huge diversity of marine life in Anilao is incredible, the diving is easy and the people are welcoming and friendly, making this an equally enjoyable destination for photographers and non-photographers alike.

Yamasui nudibranch at Saimsim



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Kate Jonker is an underwater photographer and writer based in South Africa. She teaches underwater photography, is an assistant instructor and dive boat skipper for Indigo Scuba in Gordon's Bay and leads dive trips across the globe. For more information, please visit: katejonker.com.



SOURCES: US CIA WORLD FACTBOOK, CDC.GOV, STATE.TRAVEL.US, WIKIPEDIA.ORG, XE.COM

Text by Matthew Meier

The Philippines

History The Philippines have been inhabited for tens of thousands of years but it was not until 1543 that the country was named Las Islas Filipinas in honor of King Phillip II of Spain by the explorer Ruy Lopez de Villalobos. The islands were colonized and remained part of the Spanish empire for more than 300 years. Following the Spanish-American war in 1898, the Philippines were relinguished to the United States and in 1935 became a self-governing commonwealth. During World War II the islands fell under Japanese control but on 4 July 1946, after the United States helped the Filipino people reclaim control, the Republic of the Philippines was granted its independence. Numerous presidents and varying degrees of political and economic stability have followed, but the country remains independent to this day. The Philippines are a founding member of the United Nations and the World Trade Organization, and their current President Rodrigo Duterte was elected in May 2016. Government: presidential republic. Capital: Manila

Geography The Philippines are located east of Vietnam in Southeast Asia, between the Philippine Sea and the South

China Sea. The country consists of an archipelago of 7,107 islands, spread out over nearly 300,000 square kilometers. The terrain consists of volcanic mountains and coastal lowlands, ranging from seg level to the highest peak, Mount Apo, at 2,954m. The Philippines are situated at the northern tip of the coral triangle, the epicenter for global marine biodiversity. Coastline: 36,289km. Terrain consists primarily of mountains with coastal lowlands varying from narrow to extensive. Natural hazards include typhoons, landslides, volcanoes, earthquakes and tsunamis.

Climate The climate in the Philippines is tropical, and the heat and humidity is areatly influenced by the Amihan ("dry" northeast monsoon that typically blows mid-November to April) and the Habagat ("wet" southwest monsoon in May to October). The monsoons roughly create three seasons: the hot, dry summer from March to May; the rainy season from June to November; and the cool dry season from December to February. The air temperature averages 80°F (27°C) and ranges between 70-90°F (21-32°C) depending on the season and location. Water temperatures fluctuate between 78-84°F (26-29°C).

Environmental

issues Challenges include air and water pollution in major urban areas, deforestation in watershed areas, soil erosion, degradation of coral reefs, pollution of coastal mangroves, which are important breeding grounds for fish.

Economy The

Philippines boasts an emerging economy, as it transitions from aariculture to the service and manufacturing industries. Primary exports include semiconductors and electronic products, transport equipment, copper, petroleum, coconut oil, fruits and

garments. Roughly 47% of the population is employed in the service industry, which accounts for 56% of the countries GDP.

Currency Philippine Peso (PHP) Currency may be exchanged at the Manila airport, local banks and resorts. Credit cards are widely accepted at tourist destinations. Exchange rates: 1USD=51.98PHP; 1EUR =64.39PHP; 1GBP=73.88PHP: 1AUD=40.38PHP: 1SGD=39.73PHP

Location of the Philippines on alobal map (left), and location of Anilgo on map of the Philippines (below): The dive boat used in Anilao is called a bangka (right).

> Philippine Luzon Sea



Population The official population of the Philippines is 102,624,209 (July 2016 est.), with over 12 million living in the capital city of Manila. Ethnic groups: Tagalog 28.1%, Cebuano 13.1%, llocano 9%, Bisaya/Binisaya 7.6%, Hiligaynon llonggo 7.5%, Bikol 6%, Waray 3.4% (2000 census). Religions: Catholic 82.9%, Muslim 5%, Evangelical 2.8%, Iglesia ni Kristo 2.3%, other Christian 4.5% (2000 census). Internet users: 56,956,436, or 55.5% (July 2016 est.)



Language The official language is Filipino, with eight major dialects, but English is widely spoken at most resorts.

Voltage The voltage in the Philippines is 220/240 AC at 50 cycles and several socket types are utilized. An international multi-prong adaptor is recommended.

Cuisine Philippine cuisine has a mixture of influences from Hispanic, Chinese, American and other Asian cultures. The food tends to have full-bodied flavors but is not as spicy as neighboring countries. Rice, fish, coconut, mangoes and plantains are staple inaredients. Filipinos do not eat with chopsticks but prefer western cutlery or the traditional method of eating with a just washed right hand.

Tipping Tipping is not part of the Filipino culture and is not required, though it is becoming more common among the local population. Tipping is, however, expected on liveaboard dive boats and at most tourist resorts. Each establishment will have their own guidelines and recommendations.

Transportation International flights from numerous countries and airlines connect through Manila and Cebu. Regional airlines connect from these hubs to a multitude of locations throughout the archipelago. There is also an extensive ferry system for traveling



TRAVEL

between islands and an established network of roads once on land, although only about 26% of the countries roads are paved.

Health & Security Mosquitoborne illnesses are a problem, and there are cases of malaria. dengue, Zika. Avoid mosquito bites by using mosquito repellent and covering up during times when mosquitos are out. Water and food-borne illness can also be a problem, so be sure to drink only bottled or filtered water and only eat food that is cooked thoroughly. Check your state department's current travel advisories about crime, terrorism and civil unrest.

Decompression chambers

Chambers exist on various islands across the country in cities such as Manila, Cebu, Batangas City, Cavite, Makati City, Quezon City and Subic.

Travel/Visa A return ticket and a passport are required for entry into the Philippines and the passport must be valid for at least six months. Travelers from the United States and Europe typically receive a free 30-day tourist visa upon arrival. An international terminal fee of roughly 550 PHP is charged at the airport when you depart the Philippines.

Web sites Philippines Tourism experiencephilippines.org